

# HOW TO USE



and make the most out of your cutaneous  
T-cell lymphoma (CTCL) treatment

**TARGRETIN capsules should not be used by women  
who are pregnant, believe they may be pregnant,  
or are planning to become pregnant.**

Please see Important Safety Information,  
including Pregnancy Boxed Warning, located on page 5.  
[Click here](#) for full Prescribing Information, including Patient  
Instructions for Use. *Activate your card at [Targretin.com](http://Targretin.com).*\*



Eligible commercially  
insured patients—  
*Click here to pay as little as  
\$0 on your next prescription!\**

**START SAVING**

**\*Patient Eligibility Criteria:** This offer is only valid for patients with commercial insurance. Commercially insured patients whose insurance does not cover TARGRETIN will pay more. These savings offers are not valid for any person eligible for reimbursement of prescriptions, in whole or in part, by any federal, state, or other governmental programs, including, but not limited to, Medicare, (including Medicare Advantage and Part A, B and D Plans), Medicaid, TRICARE, Veterans Administration or Department of Defense health coverage, CHAMPUS, the Puerto Rico Government Health Insurance Plan, or any other federal or state health care programs. Void where prohibited by law, taxed or restricted. Cannot be redeemed at government-subsidized clinics. This offer is good only in the United States of America (including the District of Columbia, Puerto Rico and the U.S. Virgin Islands) at retail pharmacies owned and operated by Walgreen Co. (or its affiliates) and other participating independent retail pharmacies. This offer is not valid in Massachusetts or Minnesota or where otherwise prohibited, taxed, or otherwise restricted. This offer is not valid for redemption in the State of California or by any resident of the State of California with regard to any product for which a therapeutically equivalent generic product is available, including but not limited to TARGRETIN capsules. **See page 2 for continued eligibility terms and conditions.**

# THE BASICS ABOUT TARGRETIN CAPSULES

TARGRETIN® (bexarotene) capsules are a prescription medicine used to treat the skin problems that happen with a type of cancer called cutaneous T-cell lymphoma, or CTCL. It is used when treatment with at least one other type of medicine by mouth or injection did not work or stopped working. It is not known if TARGRETIN is safe and effective in children.

## THERE ARE SOME IMPORTANT THINGS TO KNOW BEFORE STARTING TARGRETIN CAPSULES TREATMENT:

- **TARGRETIN capsules can cause major damage to a fetus.**

If you are capable of becoming pregnant, you should take contraceptive measures to avoid pregnancy before, during and after treatment. It is recommended that 2 reliable forms of contraception be used together.

- TARGRETIN capsules can greatly increase blood levels of lipids (triglycerides and cholesterol), and these levels must be monitored and, if elevated, treated.
- TARGRETIN capsules can cause an underactive thyroid, and periodic blood tests will be needed to detect this. Medication to control the condition may be necessary.
- DO NOT take more than the recommended daily dietary allowance of vitamin A (4000 to 5000 International Units).
- Minimize exposure to sunlight and artificial ultraviolet light (sunlamps, tanning beds, etc.).

**\*Terms and Conditions, continued from page 1:** Ortho Dermatologics reserves the right to rescind, revoke, or amend this offer without notice. You agree not to seek reimbursement for all or any part of the benefit received through this offer and are responsible for making any required reports of your use of this offer to any insurer or other third party who pays any part of the prescription filled. You must be 18 years of age or older to redeem this offer for yourself or a minor. You must present this coupon along with your prescription to participate in this program. You must activate this coupon before using by calling 1-888-201-1385 or visiting [Targretin.com](http://Targretin.com). Reimbursement limitations apply. Patient is responsible for all additional costs and expenses after reimbursement limits are reached. This coupon and offer are not health insurance.

**Please see Important Safety Information including Pregnancy Boxed Warning, located on page 5. [Click here](#) for full Prescribing Information, including Patient Information.**

# HOW TO TAKE TARGRETIN (bexarotene) CAPSULES, 75 MG

TARGRETIN capsules should be taken once a day with a meal. Your doctor will tell you how many you need to take. Take them all at once, swallowing each capsule whole. If you miss a dose, take it as soon as possible. If it's almost time for your next dose, skip the missed dose.

## HOW LONG BEFORE YOU CAN EXPECT YOUR CTCL TO IMPROVE ON TARGRETIN CAPSULE TREATMENT?

It is important to use the medication as directed by your physician as a response may take several weeks to several months. Your doctor should determine how long you should be taking TARGRETIN capsules.

---

*You should tell your doctor or nurse about any  
current medications or health conditions.*

---

Please see Important Safety Information including Pregnancy Boxed Warning, located on page 5. [Click here](#) for full Prescribing Information, including Patient Information.



**TARGRETIN (bexarotene) CAPSULES** are a medicine used to treat the skin problems arising from a disease called CTCL after at least one other type of systemic therapy did not work or stopped working.

Before starting treatment with TARGRETIN capsules, make sure you tell your doctor about all your medical conditions and any medications you are currently taking.

**Please see Important Safety Information including Pregnancy Boxed Warning, located on page 5. [Click here](#) for full Prescribing Information, including Patient Information.**

## INDICATION AND USAGE

TARGRETIN® (bexarotene) capsules are used to treat the skin problems arising from a disease called cutaneous T-cell lymphoma (CTCL) after treatment with at least one other type of medicine by mouth or injection did not work or stopped working.

It is not known if TARGRETIN is safe and effective for children.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about TARGRETIN?

**TARGRETIN can cause serious side effects, including major birth defects to an unborn baby, if taken during pregnancy.**

#### For females who can become pregnant:

- **You should avoid becoming pregnant during treatment with TARGRETIN.**
- **Do not take TARGRETIN if you are pregnant or plan to become pregnant.**
- Your healthcare provider will do a pregnancy test, within one week before you start TARGRETIN, and each month during treatment with TARGRETIN to make sure that you are not pregnant.
- **You must use two effective forms of birth control together starting one month before you begin treatment with TARGRETIN, during treatment, and for one month after stopping TARGRETIN.** Birth control pills (oral contraceptives) and other hormonal forms of birth control may not be effective if used with TARGRETIN. At least one of the forms of birth control that you choose should not contain hormones. Talk to your healthcare provider about what forms of birth control may be right for you during treatment with TARGRETIN.
- **You should start taking TARGRETIN on the second or third day of a normal menstrual period.** Follow your healthcare provider's instructions about when to start TARGRETIN.
- Call your healthcare provider right away if you become pregnant or think that you are pregnant during treatment with TARGRETIN, and for one month after you stop taking TARGRETIN.

#### For males:

- You must use a condom with female partners who are pregnant, might be pregnant, or who are able to become pregnant during treatment with TARGRETIN, and for at least one month after your last dose.

### Who should not take TARGRETIN?

#### Do not take TARGRETIN:

- if you are pregnant or plan to become **pregnant** (See “What is the most important information I should know?” above)
- if you are allergic to bexarotene or any of the ingredients in TARGRETIN

**Before taking TARGRETIN, tell your healthcare provider** about all of your medical conditions, including if you have or have had problems with your pancreas, gall bladder, liver or thyroid, have diabetes, high cholesterol or cataracts, drink alcohol, are pregnant or may become pregnant or are breastfeeding or plan to breastfeed. You should not breastfeed during treatment with TARGRETIN.

Tell your healthcare provider about all medicines, vitamins or supplements you take since taking TARGRETIN with certain other medicines can affect each other.

### Exposure to Sunlight

Your skin may become more sensitive to sunlight while taking this medicine. Minimize exposure to sunlight and do not use a sunlamp.

### Vitamin A

Limit the amount of Vitamin A that you take during treatment with TARGRETIN.

TARGRETIN can cause serious side effects, including:

- See “What is the most important information I should know” above
- **Increased levels of fats** (cholesterol or triglycerides) in your blood are common with TARGRETIN, and can be serious
- **Inflammation of the pancreas** (acute pancreatitis), which can be sudden and lead to death.

Tell your healthcare provider right away if you develop signs or symptoms of pancreatitis, such as nausea that will not go away, vomiting, or pain in the stomach area or back.

- **Liver problems**, including liver failure or other problems that can lead to death
- **Thyroid problems** are common and sometimes severe
- **Low white blood cell count**
- **New or worse cataracts**
- **Risk of low blood sugar in people who have diabetes**

### Common Side Effects

The most common side effects are headache, asthenia, rash, nausea, infection, stomach-area pain, swelling of hands, feet or legs, and dry skin.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [fda.gov/medwatch](http://fda.gov/medwatch) or call 1-800-FDA-1088.

**Please [click here](#) for full Prescribing Information, including Patient Information.**

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_